

REVISION FOR THE 2ND SEMESTER- GRADE 10

Pronunciation

- | | | | | |
|--------------|-----------------------|----------------------|----------------------|----------------------|
| Question 1. | A. <u>re</u> ceive | B. <u>e</u> xist | C. <u>pre</u> tend | D. <u>e</u> xpense |
| Question 2. | A. <u>ga</u> dget | B. <u>a</u> ccess | C. <u>pa</u> ndemic | D. <u>ca</u> lm |
| Question 3. | A. <u>ch</u> illy | B. <u>ch</u> arity | C. <u>ch</u> arge | D. <u>ch</u> emistry |
| Question 4. | A. <u>la</u> nguages | B. <u>mi</u> nds | C. <u>na</u> tions | D. <u>spea</u> kers |
| Question 5. | A. <u>ch</u> emistry | B. <u>ch</u> aracter | C. <u>ch</u> ampagne | D. <u>sch</u> ooling |
| Question 6. | A. <u>wa</u> shed | B. <u>pl</u> ayed | C. <u>lo</u> ved | D. <u>rai</u> ned |
| Question 7. | A. <u>wo</u> rks | B. <u>sh</u> ops | C. <u>pl</u> ays | D. <u>sh</u> ifts |
| Question 8. | A. <u>na</u> tional | B. <u>pa</u> rking | C. <u>pa</u> lace | D. <u>sta</u> tue |
| Question 9. | A. <u>clea</u> ned | B. <u>ask</u> ed | C. <u>tr</u> ied | D. <u>obe</u> yed |
| Question 10. | A. <u>ex</u> -student | B. <u>flex</u> ible | C. <u>de</u> bate | D. <u>spe</u> cial |

Choose a word whose stress pattern is different from that of the others.

- | | | | | |
|--------------|-----------------|---------------|---------------|-----------------|
| Question 11. | A. dialogue | B. social | C. predict | D. product |
| Question 12. | A. control | B. language | C. enquire | D. review |
| Question 13. | A. information | B. enjoyable | C. particular | D. spectacular |
| Question 14. | A. luxurious | B. botanical | C. economy | D. conservation |
| Question 15. | A. impressive | B. together | C. souvenir | D. occasion |
| Question 16. | A. donate | B. receive | C. assist | D. fancy |
| Question 17. | A. romantic | B. historic | C. attendant | D. officer |
| Question 18. | A. income | B. refund | C. advice | D. danger |
| Question 19. | A. resort | B. window | C. landscape | D. temple |
| Question 20. | A. compensation | B. experience | C. aquarium | D. spectacular |

Read the following advertisement and mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 1 to 3.

Discover the Magic of Hoi An Ancient Town!

- Explore historic streets (1) _____ with colourful lanterns.
- Visit ancient temples.
- Experience traditional Vietnamese culture.
- Enjoy (2) _____ local cuisine.
- Reserve your spot now!

Start your (3) _____ journey with us to Hoi An!

- | | | | | |
|--------------|-------------|--------------|--------------|--------------|
| Question 21. | A. fill | B. to fill | C. filling | D. filled |
| Question 22. | A. excited | B. delicious | C. complete | D. difficult |
| Question 23. | A. memorise | B. memorable | C. Memorably | D. memory |

Read the following advertisement and mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 1 to 3.

Year-End Party Announcement

- Date: Friday, June 3rd
- Time: 6:00 PM
- Venue: School Gym

Get ready (1) _____ a night of fun! If you (2) _____, delicious snacks will be enjoyed, and great memories will be made. Remember (3) _____ your casual clothes and bring friends!

Let's celebrate the end of the year together!

- | | | | | |
|--------------|-----------------|-------------|------------|----------------|
| Question 24. | A. for | B. with | C. on | D. to |
| Question 25. | A. had attended | B. attended | C. attend | D. will attend |
| Question 26. | A. wear | B. to wear | C. wearing | D. to wearing |

Read the following advertisement and mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 1 to 3.

Want to learn cooking basics?

Join our fun and easy cooking class!

- Learn basic cooking skills (1) _____ a friendly environment.
- Discover easy recipes for everyday meals.
- (2) _____ hands-on experience with guidance from experienced chefs.

• Gain (3) _____ in the kitchen and impress your friends and family!
 Limited spots available. Sign up now for a delicious journey into the world of cooking!

- Question 27.** A. to B. of C. on D. in
Question 28. A. the B. Ø (no article) C. an D. a
Question 29. A. confident B. confide C. confidence D. confidently

Mark the letter A, B, C, or D on your answer sheet to indicate the word(s) CLOSEST in meaning to the underlined word(s) in each of the following questions.

- Question 30.** What could be another term for "challenging" as a job description?
 A. Simple B. Demanding C. Relaxing D. Repetitive
Question 31. What synonym could be used for "aquarium" in the context of a place housing aquatic species?
 A. Forest B. Zoo C. Gallery D. Oceanarium
Question 32. Governments have been slow to address the problem of global warming.
 A. solve B. affect C. force D. sue
Question 33. Which term could replace "chemist's" as a place where medicines are sold?
 A. Bookstore B. Pharmacy C. Supermarket D. Bakery
Question 34. If a tourist attraction is "historic", which other word might also describe it?
 A. New B. Recent C. Modern D. Ancient

Phrasal verb

- Question 35.** If you have a great idea during a brainstorming session, you can say you _____ a new concept.
 A. cut down on B. look after C. come up with D. take off
Question 36. When an airplane leaves the ground and begins to fly, it _____.
 A. carries on B. puts off C. takes off D. runs out
Question 37. When you continue doing something, even if it's hard, you _____.
 A. carry on B. run out C. give off D. cut down on
Question 38. To be healthier, you might need to _____ eating too much sugar.
 A. carry on B. give off C. come up with D. cut down on
Question 39. If you decide to delay doing your homework, you are going to _____ it.
 A. carry on B. put off C. run out D. take off

Preposition

- Question 40.** She could paythe dress.
 A. for B. in C. off D. to
Question 41. I've spent too much moneymusic and clothes lately.
 A. of B. to C. on D. for
Question 42. The town is full _____ markets selling fish, local food and crafts.
 A. of B. over C. about D. with
Question 43. Are you paying..... credit card?
 A. on B. in C. by D. for
Question 44. It was pouring _____rain and it was getting dark that night.
 A. of B. out C. over D. with

Mark the letter A, B, C, or D on your answer sheet to indicate the correct arrangement of the sentences to make a meaningful paragraph/letter in each of the following questions.

- Question 45.** a. My math teacher asked me to spend more time on it. I must study harder next semester in order to improve it.
 b. Dear Kate, Thanks for your letter, I'm pleased to hear that you and your family are well. Now I write this letter to tell you about my study at school.
 c. I'm looking forward to seeing your letter.
 d. I received my first semester report last week. I got good grades for Science, English and History, but my math result was poor.
 e. How about you? Please write soon and tell me all your news.
 f. Best wishes.
 A. b - d - a - e - c - f B. b - c - a - e - d - f
 C. b - e - d - a - c - f D. b - a - d - e - c - f

- Question 46.** a. All in all, men should be aware of the benefits of looking after the children in order to make their children have enough love and attention.
 b. Best regards,
 c. Additionally, when men contribute to sharing child-rearing, the burden is less and their wives become happy to have more time for relaxing.
 d. Firstly, when men stay home, they have a chance to bond with their children and improve their relationship.
 e. Dear Lucy, I hope you are well! I've been thinking about why it is crucial for men to stay home and take care of their children.

f. Secondly, the men who decide to raise their children at home can play good role models. Taught by their fathers, the children learn a lot of family values.

A. f - a - c - d - b - e

B. b - d - e - c - f - a

C. e - d - f - c - a - b

D. e - f - b - d - c - a

Question 47. a. Furthermore, educated girls can give back to their communities. They can help improve educational and medical facilities, raise money for charities for the poor.

b. Second, educated girls can become better mothers. They know how to take care of their children and how to help them succeed at school.

c. In conclusion, education allows girls to make better choices, become better mothers, and give back to their communities.

d. Education is essential to everyone and girls must have the same right to education as boys because of several benefits of girls' education.

e. First of all, education can help girls make better choices. Girls who stay at school longer can learn more. With good job skills they can earn better salaries.

A. d - c - e - a - b

B. d - e - b - a - c

C. b - a - e - c - d

D. d - a - c - e - b

Question 48. a. Additionally, such intergenerational interactions promote the transfer of invaluable knowledge and experiences, enriching the overall societal tapestry.

b. Furthermore, engaging in open dialogues across generations facilitates the exchange of diverse ideas, contributing to a more inclusive and harmonious community.

c. Bridging the generation gap is a multifaceted journey that presents both challenges and opportunities.

d. Firstly, bridging the generational divide fosters mutual understanding, allowing younger and older individuals to share perspectives and insights.

e. Ultimately, embracing the generational diversity becomes a catalyst for personal growth, fostering a culture of respect and collaboration that transcends age differences.

A. c, d, a, b, e

B. a, c, d, b, e

C. c, e, d, a, b

D. c, a, b, d, e

Question 49. a. Also, doing housework promote independence, sense of responsibility.

b. Additionally, students develop such important skills as organizational skills and better time management.

c. Firstly, students who do housework gain valuable real-world experience which can help in their life skills

d. Finally, Build self-esteem and confidence in their abilities, especially when the children complete their tasks and are recognized and encouraged by their parents

e. Children benefit from doing house work in many ways.

A. c - e - a - b - d

B. c - a - b - d - e

C. e - a - c - b - d

D. e - c - a - b - d

Word form

Question 50. After years of hard work, she finally reached successful _____ of becoming a doctor.

A. achieve

B. achievement

C. achieving

D. achieves

Question 51. She was _____ to visit Paris and see the Eiffel Tower in person last year.

A. exciting

B. excitedly

C. excited

D. excitement

Question 52. Most of the museums that I visited were amazing, but this one was quite small and not very _____.

A. impressive

B. peaceful

C. expensive

D. romantic

Question 53. The airport was extremely _____ and nobody noticed that old man.

A. crowd

B. crowded

C. crowds

D. crowding

Vocabulary

Question 54. If a job requires imaginative skill, it can be called:

A. Creative

B. Repetitive

C. Tiring

D. Stressful

Question 55. A place where you can see lots of fish and marine life is called an:

A. Aquarium

B. Market

C. Museum

D. Statue

Question 56. A place where you can admire plant collections and special gardens is:

A. Ruins

B. Palace

C. Botanical gardens

D. Market

Question 57. If a job is done in a different way each time, it is:

A. Varied

B. Repetitive

C. Stressful

D. Challenging

Question 58. A person who checks your passport at the airport is:

A. A passport control officer

B. A police officer

C. A security guard

D. The flight attendant

Question 59. An adjective for something that is not worth the money spent is:

A. Cheap

B. Disappointing

C. Expensive

D. Spectacular

Question 60. An adjective describing something very old and significant is:

A. Historic

B. Impressive

C. Cheap

D. Boring

Question 61. An adjective that describes a quiet and calm location is:

A. Touristy

B. Crowded

C. Atmospheric

D. Peaceful

Question 62. If something is grand and awe-inspiring, it can be described as:

A. Expensive

B. Boring

C. Cheap

D. Spectacular

- Question 63.** Which verb would you associate with the action of 'promise'?
- A. Offer B. Mind C. Help D. Admit
- Question 64.** A place that is known for its beauty and attractiveness is:
- A. Beautiful B. Historic C. Expensive D. Boring
- Question 65.** A store that sells products related to home repair and improvement is a:
- A. Newsagent's B. Garden centre C. Takeaway D. DIY store
- Question 66.** If something has many colors, it is:
- A. Multicoloured B. Semicircle C. Microchip D. Overcooked
- Question 67.** A place where you can buy fresh fruit and vegetables is a:
- A. Greengrocer's B. Jeweller's C. Newsagent's D. Butcher's
- Question 68.** An individual who assists customers by bringing food and drinks in a restaurant is a:
- A. Cleaner B. Sales Assistant C. Waiter D. Receptionist
- Question 69.** If a job gives satisfaction and is enjoyable, it is:
- A. Varied B. Stressful C. Tiring D. Rewarding
- Question 70.** A small store that sells decorative items for the home is a:
- A. Cosmetics store B. Jeweller's C. Florist's D. Charity shop
- Question 71.** A professional who makes sure that a building is safe and secure is:
- A. A police officer B. The flight attendant
C. A security guard D. A passport control officer
- Question 72.** A historical place with lots of old buildings and artifacts is a:
- A. Market B. Theme Park C. Cathedral D. Water park
- Question 73.** A place with lots of water slides and swimming pools is a:
- A. Ruins B. Water park C. Museum D. National park
- Question 74.** A job that requires doing the same tasks over and over again is:
- A. Repetitive B. Challenging C. Creative D. Varied
- Question 75.** The person responsible for the security on a flight is:
- A. A passport control officer B. The flight attendant
C. A security guard D. A police officer
- Question 76.** A place where you can buy bread and cakes is a:
- A. Butcher's B. Baker's C. Jeweler's D. Stationer's
- Question 77.** To express consent or approval, one would:
- A. Agree B. Admit C. Promise D. Offer
- Question 78.** A person who designs software and applications is a:
- A. Programmer B. Cleaner C. Receptionist D. Solicitor
- Question 79.** Which word can mean to recognize as true?
- A. Admit B. Promise C. Help D. Mind
- Question 80.** What is the verb that pairs with 'achievement'?
- A. Dream B. Attempt C. Experience D. Need
- Question 81.** A job that can make one feel exhausted due to physical or mental effort is:
- A. Tiring B. Rewarding C. Creative D. Varied
- Question 82.** A person who can fly an aircraft is known as a:
- A. Paramedic B. Pilot C. Receptionist D. Dentist
- Question 83.** If a job is very demanding and requires a lot of effort, it is:
- A. Creative B. Repetitive C. Varied D. Challenging
- Question 84.** A place where old or historically significant items are displayed is a:
- A. Statue B. Museum C. Theme park D. Market
- Question 85.** An individual who helps passengers on a plane is:
- A. A security guard B. The flight attendant
C. A police officer D. A passport control officer
- Question 86.** You would most likely find a pharmacist working in a:
- A. Bank B. Bakery C. Clothes shop D. Chemist's
- Question 87.** A job involving cutting and styling hair is done by a:
- A. Pilot B. Waiter C. Hairdresser D. Paramedic
- Question 88.** A person who designs buildings is called an:
- A. Engineer B. Solicitor C. Sales Assistant D. Architect
- Question 89.** A historical structure that is in a state of decay is often referred to as:
- A. Castle B. Ruins C. Botanical gardens D. Museum

GRAMMAR

- Question 1:** The letters ____ by the postman every morning.
- A. deliver B. is delivered C. are delivered D. delivered

Question 2: English ____ in many countries nowadays.

- A. speaks B. is speaking C. is spoken D. spoke

Question 3: This book ____ already ____ by many students.

- A. has / read B. has / been read C. is / read D. was / read

Question 4: The house ____ just ____ by the workers.

- A. has / painted B. has / been painted C. is / painted D. was / painted

Question 5: The homework must ____ before class every day.

- A. do B. be done C. done D. is done

Question 6: This room can ____ for meetings in the future.

- A. be used B. use C. used D. is used

Question 7: A lot of rice ____ in Asia every year.

- A. are grown B. grows C. is grown D. is growing

Question 8: A new road ____ in the city recently.

- A. has built B. has been built C. was built D. is built

Question 9: All questions should ____ carefully in the exam.

- A. answer B. answered C. be answered D. be answering

Question 10: The room ____ yet.

- A. hasn't cleaned B. hasn't been cleaned C. isn't cleaned D. wasn't cleaned

Question 11: The man ____ lives next door is a doctor.

- A. which B. where C. who D. when

Question 12: My father ____ is over 60, still goes jogging every morning.

- A. ,which B. that C. ,who D. who

Question 13: The book ____ you gave me is very interesting.

- A. who B. that C. whose D. whom

Question 14: Jason, ____ I met at the conference, is a talented speaker.

- A. which B. where C. who D. whose

Question 15: The girl ____ father is a teacher is my classmate.

- A. who B. whose C. whom D. which

Question 16: That's the boy ____ I told you about yesterday.

- A. who B. whose C. which D. where

Question 17: The Eiffel Tower, ____ is located in Paris, is a famous landmark.

- A. that B. which C. where D. who

Question 18: I don't like stories ____ have unhappy endings.

- A. who B. that C. whom D. where

Question 19: The restaurant ____ we had dinner was very expensive.

- A. which B. that C. where D. when

Question 20: My aunt, ____ lives in London, is visiting us next week.

- A. who B. that C. which D. where

Question 21: She enjoys ____ to music in her free time.

- A. listen B. to listen C. listening D. listened

Question 22: I had better ____ a new car next year.

- A. buy B. to buy C. buying D. bought

Question 23: We decided ____ a picnic because the weather was nice.

- A. having B. to have C. have D. had

Question 24: They let him ____ late last night.

- A. stay B. to stay C. staying D. stayed

Question 25: My father suggested ____ a taxi to the airport.

- A. take B. taking C. to take D. took

Question 26: I'm looking forward ____ you again soon.

- A. seeing B. to seeing C. seen D. to see

Question 27: She made me ____ all the work by myself.

- A. do B. to do C. doing D. did

Question 28: He promised ____ me with the homework.

- A. helping B. help C. to help D. helped

Question 29: They refused ____ the truth.

- A. tell B. telling C. to tell D. told

Question 30: They denied ____ the truth.

- A. tell B. telling C. to tell D. told

Question 31: If it ____ tomorrow, I will stay home.

- A. rains B. will rain C. is raining D. rained

Question 32: If you ____ earlier, you would have caught the bus.

- A. leave B. had left C. left D. will leave

Question 33: If I ____ a better job, I would travel more.

A. had B. have C. will have D. would have

Question 34: If they ____ hard, they wouldn't be successful.

A. didn't work B. worked C. will work D. working

Question 35: If she ____ in the meeting, she would know the news.

A. attended B. attends C. had attended D. would attend

Question 36: If she ____ more time, she will finish the project.

A. have B. had C. will have D. has

Question 37: If you ____ him earlier, he would not be angry now.

A. see B. saw C. had seen D. will see

Question 38: If I ____ enough money, I _____ that house but I'm so poor

A. have/will buy B. had/would buy
C. had/ wouldn't buy D. have/wouldn't buy

Question 39: If she ____ about the situation, she would act differently.

A. knows B. knew C. has known D. had known

Question 40: If we ____ equipment, we could finish the job faster.

A. had old B. had better C. had D. have

WRITING

A. CONDITIONAL SENTENCES

1. You are late so you are not allowed to join the class.

→ If _____

2. My cats are lying on the sofa so you cannot sit on it.

→ If _____

3. I don't know her number, so I don't ring her up.

→ If _____

4. John doesn't know the answer, so he can't tell you.

→ If _____

5. Dean is fat because he eats so many chips.

→ If _____

6. You are so nervous because you drink too much coffee.

→ If _____

7. As I haven't got money, I can't buy a new car.

→ If _____

8. He isn't a good runner because he doesn't train every day.

→ If _____

9. I don't go to Corfu on my holiday next month so I can't meet him there.

→ If _____

10. You see her every day so she knows you.

→ If _____

11. He can't park near his office; that's why he doesn't come by car

→ If _____

12. My house is guarded by two big dogs. That's why it isn't broken into every night

→ If my house _____

13. The flats are not clearly numbered, so it is very difficult to find anyone.

→ If the flats _____

14. I don't know her e-mail address, so I can't tell you

→ If _____

15. She works in the evening. She has no time to play with her children

→ If _____

16. I don't want them to be upset, so I do not tell them what happened.

→ They _____

17. I am not tall enough to join the basketball team

→ If _____

18. He doesn't see the signal so he doesn't stop his car

→ If _____

19. Peter gets bad marks because he doesn't prepare his lessons well

→ If _____

20. Because Mary doesn't have enough money, she can't buy the very new Iphone 16 pro max.

→ If _____

RELATIVE CLAUSE

1. She is the most intelligent woman. I've ever met this woman.

→ _____

2. This doctor is famous. You visited him yesterday.

→ _____

3. These children are orphans. She is taking care of these children.

→ _____

4. The two young men are not good persons. You are acquainted with them.

→ _____

5. My father goes swimming every day. You met him this morning.

→ _____

6. The man is my father. I respect this man most.

→ _____

7. The man is my father. I respect his opinion most.

→ _____

8. Mary and Margaret are twins. You met them yesterday.

→ _____

9. I'll introduce you to the man. His support is necessary for your project.

→ _____

10. The middle-aged man is the director. My father is talking to him.

→ _____

11. You didn't tell us the location. We will stay during our holiday there

→ _____

12. The day was rainy. She left on that day.

→ _____

13. I've sent him two letters. He has received neither of them.

→ _____

14. That man is an artist. I don't remember the man's name.

→ _____

15. We saw these elephants at the zoo. One of the elephants had only one tusk.

→ _____

16. That car belongs to Dr. Clark. Its engine is very good.

- _____
17. You sent me a present. Thank you very much for it.
- _____
18. This is Mrs. Jones. Her son won the championship last year.
- _____
19. Rod Lee has won an Oscar. I know his sister.
- _____
20. Is this the style of hair? Your wife wants to have it.
- _____

SIMPLE PAST → PRESENT PERFECT

1. Sarah last saw her grandmother in 2015.
- _____
2. The last time we visited the park was last spring.
- _____
3. It's 3 weeks since they last came back to their old house.
- _____
4. The last time I saw her was at the concert last month.
- _____
5. I last ate pizza last weekend.
- _____
6. It's 2 years since we last went on vacation.
- _____
7. We last met our old friends at the reunion.
- _____
8. The last time they went on vacation was two years ago.
- _____
9. He last played soccer when he was a teenager
- _____
10. The last time I ate ice cream was last Sunday.
- _____
11. It's 6 months since I last visited my hometown.
- _____
12. It's 5 days since I last talked to her.
- _____
13. It's a year since he last played basketball.
- _____
14. The last time he played the piano was when he was a child.
- _____
15. It's 3 months since my secretary last came back to this office.
- _____

REPORTED SPEECH

16. She said, "I am going to the market tomorrow."

→ _____

17. John said, "I have finished your homework Jane."

→ _____

18. Tom told Amada, "I will call you when I arrive."

→ _____

19. Mary said, "I like this book so much "

→ _____

20. Stephen and Kate said to me, "We were watching TV when you called."

→ _____

21. Alice said, "I needed help with this project 4 days ago."

→ _____

22. He said, "I have never been to Paris."

→ _____

23. Sarah said, "I will meet you at the restaurant on Friday."

24. They said, "We are planning a trip to the mountains."

→ _____

25. The teacher said, "You should study harder Elena."

→ _____

26. The doctor said, "You must take this medicine twice a day."

→ _____

27. My friend said, "I can't find my keys."

→ _____

28. Jack said, "I have been working all day."

→ _____

29. Helen said, "I visited the museum last week."

→ _____

30. Lisa said, "I am reading an interesting novel now."

→ _____

MODAL VERBS IN PASSIVE

1. Parents should give children a lot of love.

→.....

2. Governments should offer poor women more help.

→.....

3. The Vietnamese government will make more progress in gender equality

→.....

4. The builder must renovate the house this weekend.

→.....

5. My children might play cards during Tet holiday.

→.....

6. The president can serve this wine with chicken or fish

→.....

7. Scientists may explore other planets in 2030.

→.....

8. The police might give an award if the criminal is arrested

→.....

9. Tourists must protect the sea to maintain its sustainability.

.....

10. Drivers must park the car in the right place.

.....

11. Students should speak English in class.

.....

12. Mary mustn't keep a dog as a pet.

.....

13. Tom shouldn't smoke cigarettes in this room.

.....

14. Eddie might help you if you ask him.

.....

15. Customers can order some lemonade at the bar.

.....

LISTENING 1

Georgina Hepworth relaxed back in her seat. Two hours into the flight, she turned to the woman in the seat next to her and said, "I'm really looking forward to my holiday in Spain.". "Oh, when are you going to Spain, then?" asked the woman. "Well, now, of course!" said Georgina. The woman looked puzzled. "Not on this plane" she replied. That's when Georgina found out that her plane wasn't heading for Granada in Spain, but for the island of Grenada, in the Caribbean. The Spanish city is 1,500 km south of London. The island, is 7,000 km away on the other side of the Atlantic. When Georgina decided to go to Spain, she called travel agent to booked the flight. When the tickets arrived, she didn't notice that one letter was wrong.....

LISTENING 2

Your blurred eyesight is due to too much exposure to blue lights. This has probably because by looking at digital screen too much, especially at night time. I can certainly prescribe some drugs that will help to better your eyesight. But initially I'd like you to make some changes to your habits at work. Try to avoid sitting at your desktop or laptop for hours on end. You should stop using mobile devices before bedtime. Try also to work in natural light as much as possible. Come back to me in 3 months, if your eye sight doesn't improve we will consider a course of treatment at that point.